

LUPITA M. PEREZ

PAST STATE ADJUTANT

Veterans of Foreign Wars

Department of Texas



Lupita M. Perez is a Gold Legacy Life Member of Calderon-Daily Memorial VFW Post 12178 Weslaco, Texas. A VFW member since 2005, Lupita was the first female veteran to join VFW Post 7473 in Elsa, Texas, where she served in many positions within the Post and to include Post Commander where she earned All-State, All-American three (3) years in a row, to include Honor Roll Post. She was a recipient of the prestigious J. T. Rutherford Award in June 2020.

Comrade Perez was appointed as National Aide-de-Camp (2013-2014 and 2014-2015). She was appointed a Special Aide-de-Camp “recruiting class” for recruiting over 90 members in one year. She has served as a District Adjutant, District 18 Junior Vice Commander for three (3) years. She was the first female to be elected as District 18 Commander (2018-2020), where she earned All-State honors. Comrade Perez is a Life Member of the VFW National Home, and dual member of the VFW and its Auxiliary, and a member of the Military Order of the Cooties Pup Tent 69 in Leander, TX. She Joined the VFW Motorcycle Group in 2022.

She has been appointed to several National Committees and Chairs to include VFW National Legislative Committee, where she served 4 years . She served as National Chairman for the VFW Committee for National Programs in 2020-2021. Comrade Perez was appointed and served as State Adjutant by State Commander Norman Macey in 2021-2022. Lupita is District 18 Chief of Staff and is the Commander for her Post.

Comrade Perez joined the U.S. Army in 1983 and served honorably for six (6) years and left the Army to raise a family. After 9/11, she rejoined the military entering the U.S. Army Reserves in 2002. She was activated in November 2003 and deployed to Iraq with the 980th Engineer Battalion (Combat Heavy) in Austin, Texas, attached to the 4th Brigade Combat Team, 1st Cavalry Division out of Fort Hood, Texas.

She earned her VFW eligibility serving in Operation Iraqi Freedom II; in both Iraq (1 year and 5 days) and Kuwait (90 days). She obtained 3 Military Occupational Specialties while serving and training as an Engineer. Her awards include the National Defense Service Medal, Army Commendation Medal, Armed Forces Reserve Medal W/M device, Global War on Terrorism Service Medal, Iraq Campaign Medal with two campaign stars, and Global War on Terrorism Expeditionary Medal. Comrade Perez was honorably discharged in 2008.

Born in Tulare, California, she, and her husband Efren reside in La Villa, Texas, and have three grown children and eight grandchildren.