

BEN LOWRANCE

STATE ADJUTANT/ QUARTERMASTER 2022-2023

Veterans of Foreign Wars Department of Texas



Ben Lowrance, a Gold Legacy Life Member of the Golding-Meadows VFW Post 1475 in Amarillo, Texas, was elected as State Quartermaster in June 2022, during the 102nd State Convention in Durant, Oklahoma. Lowrance was also appointed as State Adjutant by Commander Lynn Toomer.

A VFW member since 2014, Comrade Lowrance served as Post 1475 Commander (2016-19), and Quartermaster (2019-21). He served as District 9 Student Veterans Liaison (2016-17), District Education Chair-North (2017-18). He was elected District 9 Junior Vice Commander (2017-18) and District 9 Commander (2018-19). He currently serves as District 9 Inspector. Comrade Lowrance was appointed as Assistant Inspector General (2017-18 and 2021-2022), National Aide-de-Camp (2018-19 and 2020-21) and Special Aide-de-Camp (2019-20). In September 2017, he was appointed as a member of the National Veterans Programs Committee and was also appointed as a member of the 2020 National Convention Committee by State Commander Keith King. He was elected and served as State Quartermaster for the year of 2021-2022.

Comrade Lowrance has earned multiple honors throughout his years in the VFW. He was recognized as an All-American Post Commander (2017-18 and 2018-19), All-State Post Commander (2018-19) and All-State District Commander (2018-19). He was awarded the Danny Henry Award for Outstanding Post Commander (2017-18) during the 2018 Department of Texas VFW State Convention in Dallas. In June 2021, he became a recipient of the prestigious Department of Texas "J. T. Rutherford" Award.

Comrade Lowrance served in the United States Army from March 2004 to April 2010. His overseas service and his VFW eligibility come from his foreign service in Afghanistan. He was awarded the Army Commendation Medal (3rd award), Army Achievement Medal (3rd award), Army Good Conduct Medal (2nd award), National Defense Service Medal, Afghanistan Campaign Medal (with 2 Campaign Stars), Global War on Terrorism Service Medal, Army Service Ribbon, Overseas Service Ribbon (3rd award), NATO Medal, Combat Action Badge, Driver and Mechanic Badge.

Comrade Lowrance is married to Madison, a 3rd grade teacher. They have three amazing children (Daniel, Emily, and David) and reside in Amarillo, Texas.